

John Muir Trail Entry Points

Alphabetical list of **Inyo National Forest** trails that connect to **John Muir Trail (JMT)**

Mileage and elevation are approximate for trip planning, not intended for navigation.

* indicates there is no pass between entry point and JMT junction

Trail Name (area)	Elevation at Trailhead	Elevation of Pass	Elevation at JMT Junction	Miles: Trailhead to Pass	Miles: Trailhead to JMT Junction
Baxter Pass (Independence)	6,000 ft.	12,270 ft.	10,200 ft.	8	13
Bishop Pass (South Lake/ Bishop)	9,800 ft.	11,960 ft.	8,700 ft.	5	10
Cottonwood Pass -PCT (Horseshoe Meadow)	9,900 ft.	11,120 ft.	10,600 ft.	3.5	20.5
Duck Pass (Mammoth Lakes)	9,100 ft.	10,795 ft.	10,200 ft.	6	7
High Trail (Agnew Meadows)	8,300 ft.	*	9,850 ft.	*	7.75
JMT North of Devils Postpile (Reds Meadow toward Yosemite)	7,560 ft.	*	7,580 ft.	*	0.25
JMT South of Devils Postpile (Reds Meadow toward Mt Whitney)	7,560 ft.	*	7,580 ft.	*	0.25
Kearsarge Pass (Independence)	9,100 ft.	11,800 ft.	10,500 ft.	4	6.5
McGee Pass (Crowley Lake)	8,000 ft.	11,875 ft.	9,500 ft.	7	11.5
Mono Pass (Rock Creek Road)	10,200 ft.	12,040 ft.	8,400 ft.	2.5	15
Mt Whitney Trail (Lone Pine)	8,300 ft.	13,700 ft.	13,480 ft.	8.2	8.7
Pine Creek Pass (Bishop)	7,400 ft.	11,120 ft.	8,075 ft.	7	20
Piute Pass (North Lake/ Bishop)	9,350 ft.	11,420 ft.	8,075 ft.	5	17
Red Cones (Mammoth Pass)	9,000 ft.	9,315 ft.	8,900 ft.	0.5	2.5
River Trail (Agnew Meadows)	8,300 ft.	*	9,850 ft.	*	5.25
Rush Creek (Silver Lake/ June Lake)	7,200 ft.	*	9,650 ft.	*	9.25
Sawmill Pass (Independence)	4,500 ft.	11,350 ft.	10,370 ft.	10	13.5
Shadow Creek (Agnew Meadows)	8,300 ft.	*	9,040 ft.	*	3.75
Shepherd Pass (Independence)	6,000 ft.	12,000 ft.	10,900 ft.	9	13
Taboose Pass (Independence)	5,400 ft.	11,350 ft.	10,200 ft.	6.5	8.75

Additional Access and Resupply Points

Yosemite National Park: Happy Isles, north end of John Muir Trail, in Yosemite Valley.

Tuolumne Meadows at highway 120 where the PCT separates from JMT.

Sierra National Forest: Vermillion Resort near Lake Edison/ Quail Meadow.

Muir Trail Ranch near Florence Lake/ Blayney Meadows.

Much of the John Muir Trail is along the Pacific Crest Trail. The Pacific Crest Trail Association (PCTA) website has additional trip planning information, including resupply points, topographic maps with campsites and water sources.

<http://www.pcta.org/discover-the-trail/john-muir-trail/>

http://www.pctmap.net/wp-content/uploads/pct/ca_section_h_map.zip

John Muir Trail Entry Points

North to South list of **Inyo National Forest trails** that connect to **John Muir Trail (JMT)**

Mileage and elevation are approximate for trip planning, not intended for navigation.

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Trail Name (area)	Elevation at Trailhead	Elevation of Pass	Elevation at JMT Junction	Miles: Trailhead to Pass	Miles: Trailhead to JMT Junction
Rush Creek (Silver Lake/ June Lake)	7,200 ft.	*	9,650 ft.	*	9.25
High Trail (Agnew Meadows)	8,300 ft.	*	9,850 ft.	*	7.75
River Trail (Agnew Meadows)	8,300 ft.	*	9,850 ft.	*	5.25
Shadow Creek (Agnew Meadows)	8,300 ft.	*	9,040 ft.	*	3.75
JMT North of Devils Postpile (Reds Meadow toward Yosemite)	7,560 ft.	*	7,580 ft.	*	0.25
JMT South of Devils Postpile (Reds Meadow toward Mt Whitney)	7,560 ft.	*	7,580 ft.	*	0.25
Red Cones (Mammoth Pass)	9,000 ft.	9,315 ft.	8,900 ft.	0.5	2.5
Duck Pass (Mammoth Lakes)	9,100 ft.	10,795 ft.	10,200 ft.	6	7
McGee Pass (Crowley Lake)	8,000 ft.	11,875 ft.	9,500 ft.	7	11.5
Mono Pass (Rock Creek Road)	10,200 ft.	12,040 ft.	8,400 ft.	2.5	15
Pine Creek Pass (Bishop)	7,400 ft.	11,120 ft.	8,075 ft.	7	20
Piute Pass (North Lake/ Bishop)	9,350 ft.	11,420 ft.	8,075 ft.	5	17
Bishop Pass (South Lake/ Bishop)	9,800 ft.	11,960 ft.	8,700 ft.	5	10
Taboose Pass (Independence)	5,400 ft.	11,350 ft.	10,200 ft.	6.5	8.75
Sawmill Pass (Independence)	4,500 ft.	11,350 ft.	10,370 ft.	10	13.5
Baxter Pass (Independence)	6,000 ft.	12,270 ft.	10,200 ft.	8	13
Kearsarge Pass (Independence)	9,100 ft.	11,800 ft.	10,500 ft.	4	6.5
Shepherd Pass (Independence)	6,000 ft.	12,000 ft.	10,900 ft.	9	13
Mt Whitney Trail (Lone Pine)	8,300 ft.	13,700 ft.	13,480 ft.	8.2	8.7
Cottonwood Pass -PCT (Horseshoe Meadow)	9,900 ft.	11,120 ft.	10,600 ft.	3.5	20.5